Atmospheric Pressure Plasma Irradiation on Embryonic Stem Cells: Signals and Differentiation

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ABSTRACT: Mouse embryonic stem cells (ESCs) are pluripotent stem cells (PSCs) derived from pre-implantation embryos. They possess self-renewal properties *in vitro* and can differentiate into various types of cells. Signaling via extrinsic factors is one of the main factors that determine cell fate during the differentiation of PSCs. For example, fibroblast growth factor (FGF) signal enhances the differentiation of ESCs into ectoderm and neural stem cells in mice and in humans. Recently, reactive oxygen species (ROS) have been reported to regulate various signaling pathways. A large number of reactive species such as ROS and reactive nitrogen species are generated by atmospheric pressure plasma (APP) irradiation. We analyzed the effects of APP irradiation on the maintenance and differentiation of mouse ESCs, focusing on signal control. We found that APP irradiation inhibited the proliferation of mouse ESCs, but did not affect their undifferentiated state. In contrast, APP irradiation did not inhibit the proliferation of embryoid bodies, but did inhibit the differentiation of mouse ESCs to mesoderm and endoderm by inhibiting Wnt signal. APP irradiation enhanced the differentiation to the epiblast, ectoderm, and neuronal lineages by activation of FGF4 signaling. This suggests that the latter effects are caused by the H₂O₂ generated in the medium by APP irradiation.

KEY WORDS: atmospheric pressure plasma, embryonic stem cells, ES cells, differentiation, signal pathways, hydrogen peroxide, ROS, embryoid body formation, fibroblast growth factor 4, Wnt

I. INTRODUCTION

Embryonic stem cells (ESCs), which possess pluripotency and self-renewal properties, are originally derived from the inner cell mass of blastocysts. They can differentiate into all types of the cells constituting the adult body. The first ESC lines were established from mouse pre-implantation embryos in 1981.^{1,2} Seventeen years later, human ESCs were also established from human blastocysts.³ Since then, several advances have been made in their application to regenerative medicine. In 2006, induced pluripotent stem cells (iPSCs), were generated from mouse embryonic and adult fibroblasts, namely from differentiated somatic cells.⁴ The following year, human iPSCs were also established from human differentiated somatic cells.^{5,6} iPSCs possess pluripotency and self-renewal properties similar to ESCs and have attracted attention as tools for regenerative medicine and drug development.

Pluripotent ESCs and iPSCs are regulated by signaling from extrinsic factors as well as transcriptional control by intrinsic factors such as Oct3/4, Sox2, and Nanog. These factors maintain the cell's undifferentiated state or determine cell fate during the process of differentiation from PSCs. These functions involving differentiation are conserved among species and are exhibited by several common signals. Fibroblast growth factor (FGF) signal enhances the differentiation of PSCs into ectoderm and neural stem cells in mice and in humans. In FGF/extracellular signal-related kinases 1/2 (ERK1/2) signaling, FGF binds to its cognate receptor, after which ERK is phosphorylated and activated by mitogen-activated protein kinase (MAPK)/ERK kinase (MEK). Wnt signal is required for differentiation to mesoderm and endoderm in both mice and humans. In the canonical Wnt signaling pathway, Wnt binds to the cell surface receptors Frizzled and Lrp5/6, and then Dishevelled inhibits the phosphorylation of β-catenin via glycogen synthase kinase3-β. Stabilized cytoplasmic β-catenin translocates into the nucleus and works as a co-regulator for Tcf/Lef transcription factors, which in turn bind to target genes to modulate their expression.

Recently, accumulating evidence has suggested that reactive oxygen species (ROS) regulate various signaling pathways in stem cells and differentiated cells. ^{13–15} ROS are considered to be a possible cause for various diseases, including cancer and age-related illnesses. Three primary forms of intracellular ROS are the superoxide anion (O_2^-) , hydrogen peroxide (H_2O_2) , and the hydroxyl radical (OH^-) . Mitochondria and the nicotinamide adenine dinucleotide phosphate oxidase (NOX) family are the major sources of ROS in cells. ¹⁶ For example, O^{2-} is generated by mitochondrial complex I & III and NOX and is subsequently catalyzed by superoxide dismutase to H_2O_2 , which has the longest half-life and can diffuse easily through membranes compared with other ROS forms. ¹⁷ Therefore, H_2O_2 is considered to be the main ROS involved in intracellular signaling.

ESCs contain immature mitochondria, indicating reduced mitochondrial function. Therefore, ESCs depend on glycolysis rather than the mitochondrial oxidative phosphorylation pathway.¹³ ROS are considered to be lower in stem cells than in differentiated cells. However, ROS regulate various signaling pathways in ESCs and iPSCs. For instance, in mouse ESCs, ROS activate ERK1/2, Jun-N-terminal kinase (Jnk), and p38, which are the components of the MAPK signaling pathway.^{14,18,19} During nuclear reprogramming of iPSCs, ROS signaling is required in the early stages and then reduced in later stages.²⁰ A large number of reactive species such as ROS and reactive nitrogen species (RNS) are generated by atmospheric pressure plasma (APP) irradiation in culture medium at room temperature. Therefore, APP irradiation has the potential to control the status of stem cells, namely self-renewal and differentiation. Here, we summarize the effects of plasma irradiation on mouse ESCs.

II. EFFECT OF APP IRRADIATION ON THE UNDIFFERENTIATED STATE OF MOUSE ESCS

APP-irradiated medium inhibits the proliferation of mouse ESCs, but does not affect their undifferentiated state; the expression level of the undifferentiated markers Oct3/4,

Nanog, and Sox2 did not change.²¹ We also found that the inhibition of mouse ESC proliferation induced by APP-irradiated medium was more substantial than that induced by direct APP irradiation. The results suggest that this effect is caused by H_2O_2 generated by APP irradiation in the culture medium.

III. EFFECT OF APP IRRADIATION ON DIFFERENTIATION OF MOUSE ESCS

A. Embryoid Body Formation Mimics Embryo Differentiation

Embryoid body (EB) formation is one of the experimental methods used to analyze the pluripotency of ESCs. ²² This method mimics the *in vivo* differentiation of the mouse embryo into three germ layers, endoderm, mesoderm, and ectoderm, and is performed by culturing mouse ESCs in floating conditions without leukemia inhibitory factor, an essential factor for the maintenance of the undifferentiated state of mouse ESCs (Fig. 1A). Endoderm, mesoderm, and ectoderm differentiate into digestive organs, muscular tissues and blood cells, and neurons, respectively, in the adult. During EB formation, each germ layer marker is expressed along a time axis in the same manner as happens during early embryonic development (Fig. 1B). Mouse ESCs first differentiate into epiblasts, forming endodermal and mesodermal cells during the early stages (day 3), whereas the ectodermal cells differentiate, probably from epiblast cells, during the later stage (day 12). *Fgf5*, *Foxa2*, *T*, and *Pax6* are representative markers for each developmental stage, namely epiblast, endoderm, mesoderm, and ectoderm, respectively. We used this *in vitro* differentiation system for the analysis of the effects of plasma irradiation.

B. APP-Irradiated Medium Has More Substantial Effect on the Differentiation of Mouse ESCs than Direct APP Irradiation

We prepared APP-irradiated medium as described previously²³ and performed two investigations: (1) EB formation was evaluated in APP-irradiated medium for 12 days after direct APP irradiation, (2) EB formation was evaluated in APP-irradiated medium without direct APP-irradiation. Then, we analyzed the marker of each developmental stage: epiblast, endoderm, mesoderm, and ectoderm. In both experiments, epiblast marker and ectodermal marker levels increased, whereas the mesodermal marker level decreased (Fig. 2). No significant difference could be observed between the two investigations, indicating that APP-irradiated medium has a more substantial effect on differentiation of mouse ESCs than direct APP irradiation.

C. APP-Irradiated Medium Has No Effect on the Proliferation of EBs

APP-irradiated medium contains H_2O_2 , one of the main reactive species generated by plasma irradiation.²⁴ Subsequently, we detected 45 μ M H_2O_2 in ultrapure water (Wako) after 60 sec of APP irradiation using the same conditions as those used in the preparation of APP-irradiated medium.^{21,23} Under these conditions, the pH of the medium was unchanged

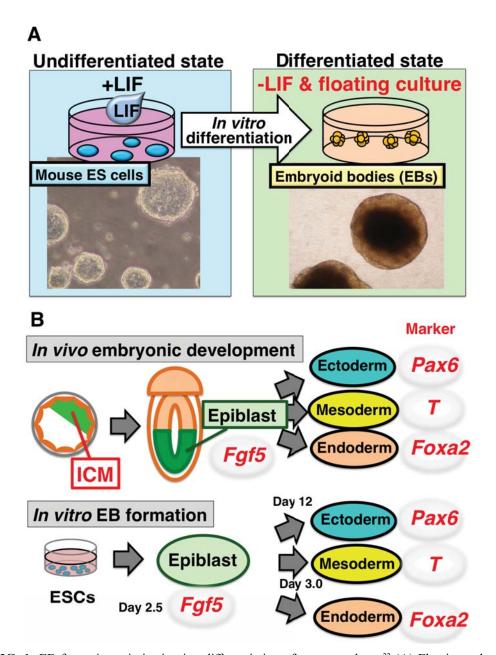


FIG. 1: EB formation mimics in vivo differentiation of mouse embryo.²² (A) Floating culture of ESCs without leukemia inhibitory factor (LIF), an essential factor for the maintenance of the undifferentiated state of mouse ESCs, induces EB differentiation to produce three germ layers: endoderm, mesoderm, and ectoderm. (B) During EB formation, each germ layer marker is expressed along a time axis in the same manner as early embryonic development. The epiblast marker Fgf5 is up-regulated on day 2.5. The endodermal marker Foxa2 and the mesodermal marker T are up-regulated on day 3. The ectodermal marker Pax6 is upregulated on day 12.

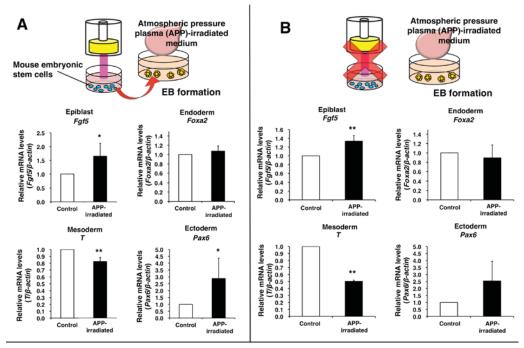


FIG. 2: APP-irradiated medium has a more substantial effect on differentiation of mouse ESCs than direct APP irradiation. The relative amounts of mRNA are shown after normalization against controls (value = 1). The values shown are the mean \pm standard deviation (SD) of three independent experiments; *p < 0.05; **p < 0.01 compared with controls. (A) After direct APP irradiation, we evaluated EB formation in APP-irradiated medium. Subsequently, we analyzed the markers of epiblast, endoderm, and mesoderm on day 4 and that of ectoderm on day 12 by real-time polymerase chain reaction (PCR). (B) Without direct APP irradiation, we evaluated EB formation in APP-irradiated medium and analyzed the markers of epiblast, endoderm, and mesoderm on day 4 and that of ectoderm on day 12 by real-time PCR.

by APP irradiation. To determine whether the effects of plasma irradiation were caused by the main reactive species, H_2O_2 , or by other irradiation-generated species, we prepared H_2O_2 -supplemented, non-irradiated medium and APP-irradiated medium and evaluated both for EB formation. The morphology and size of EBs cultured in APP-irradiated medium and H_2O_2 -supplemented, non-irradiated medium did not change compared with controls, indicating that APP irradiation and H_2O_2 did not affect the proliferation of EBs, whereas mouse ESC proliferation was inhibited by APP-irradiated medium.

D. APP-Irradiated Medium Enhances Epiblast Differentiation by Activating FGF4 Signaling

During EB formation, mouse ESCs differentiate first into epiblast and then into all three germ layers.²² The effects of APP-irradiated medium and H₂O₂-supplemented, non-irra-

diated medium on the differentiation to epiblast were analyzed in EBs on day $2.5.^{23}$ In both media, the level of epiblast markers Fgf5 and Otx2 increased, indicating that differentiation into epiblasts was enhanced by both APP irradiation and H_2O_2 .

FGF4 signaling works as a trigger for the differentiation into epiblasts.^{25,26} Fas signaling also enhances the differentiation into epiblasts independently of FGF4 signaling.²⁷ In both media, phosphorylation of Erk1/2, one of the downstream components of FGF4 signaling, was significantly increased and the expression levels of *Spry2* and *Dusp6*, target genes of FGF4 signaling, were up-regulated.²³ However, the expression of cleaved Caspase3 did not change. This indicates that FGF4 signaling is enhanced in APP-irradiated medium due to the H₂O₂ generated by APP irradiation.

FGF4 binds to FGF receptor 2c to activate FGF4 signaling. 26 Fgf4 and Fgfr2c mRNA increased in both media, demonstrating that the enhancement of FGF4 signaling was caused by the up-regulation of FGF4 and Fgfr2c. 23 Therefore, APP irradiation, or rather $\rm H_2O_2$ generated by APP irradiation, promoted the expression of FGF4 and Fgfr2c, up-regulated FGF4 signaling, and then enhanced epiblast differentiation in EBs on day 2.5.

E. APP-Irradiated Medium Inhibited Endodermal and Mesodermal Differentiations by Inhibiting Wnt Signaling

Epiblast cells differentiate into endodermal or mesodermal cells, with the differentiation into ectodermal cells beginning later. The effects of APP-irradiated medium and H_2O_2 -supplemented, non-irradiated medium on the differentiation to endoderm or mesoderm were analyzed in EBs on day 3.23 The level of the endodermal markers *Foxa2* and *Gata6* was decreased in APP-irradiated medium, whereas it was unchanged in H_2O_2 -supplemented medium. The level of the mesodermal markers T and *Mixl1* was decreased in APP-irradiated medium, whereas the level increased in H_2O_2 -supplemented medium. This demonstrates that the inhibition of endodermal and mesodermal differentiation is a specific effect of APP irradiation rather than of the generated H_2O_2 .

Wnt signaling enhances the differentiation to endoderm and mesoderm.²⁸ The expression of the Wnt signaling target genes *Axin2* and *CcnD1* was decreased in APP-irradiated medium and unchanged in H₂O₂-supplemented medium. Wnt3a is a Wnt ligand, regulating endodermal and mesodermal differentiation.²⁹ Wnt3a binds to the receptors Lrp5 or Lrp6, as well as to Frizzled1 or Frizzled5, after which the downstream components of the Wnt signaling pathway are activated. Expression levels of all receptors were decreased in the APP-irradiated medium, but unchanged in H₂O₂-supplemented medium, whereas Wnt3a was unchanged in either medium.²³ Therefore, on day 3, APP-irradiated medium inhibited Wnt3a receptors, suppressed Wnt signaling, and consequently inhibited endodermal and mesodermal differentiation in EBs. H₂O₂ generated by APP irradiation did not cause this effect.

F. APP-Irradiated Medium Enhances Ectodermal Differentiation and Subsequent Neuronal Differentiation by Activating FGF Signaling

The effects of APP-irradiated medium and H_2O_2 -supplemented, non-irradiated medium on the differentiation into ectoderm and subsequent differentiation to neuronal lineages were analyzed on day $12.^{23}$ In both media, the ectoderm markers Pax6 and Nestin were up-regulated, as was the neural marker Tubb3, whereas the astrocyte marker GFAP and the oligodendrocyte marker Olig1 were unchanged. This indicates that the differentiation into ectoderm and subsequently to neurons was enhanced by both APP irradiation and H_2O_2 . These results are consistent with a previous study stating that plasma irradiation induces selective neuronal differentiation of neural stem cells.³⁰

FGF4 signaling enhances ectodermal differentiation and subsequent neuronal differentiation. In both media, expressions levels of FGF4 signaling target genes *Spry2* and *Dusp6* were up-regulated. Fgf4 and Fgfr2c mRNA levels increased in both media, indicating that FGF4 and Fgfr2c expression was enhanced by H₂O₂ generated by APP irradiation. Therefore, in EBs on day 12, APP irradiation, or rather H₂O₂ generated by APP irradiation, promoted the expression of FGF4 and Fgfr2c, up-regulated FGF4 signaling, and then enhanced ectodermal and neuronal differentiation in EBs.

G. RNS Did Not Inhibit Endodermal and Mesodermal Differentiation

As mentioned in section III-E, "APP-Irradiated Medium Inhibited Endodermal and Mesodermal Differentiations by Inhibiting Wnt Signaling," the inhibition of endodermal and mesodermal differentiation was a specific effect of APP irradiation and was not induced by the generated H_2O_2 . In addition to ROS such as H_2O_2 , RNS including NO, NO_2^- , and NO_3^- are generated by plasma irradiation in the culture medium. Therefore, we analyzed the effect of RNS on endodermal and mesodermal differentiation.

At first, we determined the concentration of RNS after 60 sec of APP irradiation on ultrapure water (Wako) using the same conditions as those used in the preparation of APP-irradiated medium. Generated NO is oxidized to NO_2^- or NO_3^- in liquid form. The total concentration of NO_2^- and NO_3^- was determined by using Griess reagent kit (Dojindo) according to the manufacturer's instructions. In total, 2 μ M NO_2^- and NO_3^- was generated in APP-irradiated ultrapure water.

Diethylenetriamine nitric oxide (DETA-NO) is an NO donor that is often used to release NO in the culture medium³² in a process in which 2 moles of NO are dissociated from 1 mole of DETA-NO in the culture medium. Therefore, 2 moles of NO_2^- or NO_3^- are produced from 1 mole of DETA-NO in the medium. We evaluated EB formation using 1 μ M DETA-NO (Sigma-Aldrich) for 3 days to analyze the effect of NO_2^- and NO_3^- on endodermal and mesodermal differentiations. DETA-NO did not affect the morphology or size of EBs (Fig. 3), demonstrating that NO_2^- and NO_3^- did not affect the proliferation of EBs.

Finally, the expressions levels of endodermal markers Foxa2 and Gata6 and the mesodermal markers T and Mixl1 were analyzed in EBs on day 3 by real-time poly-

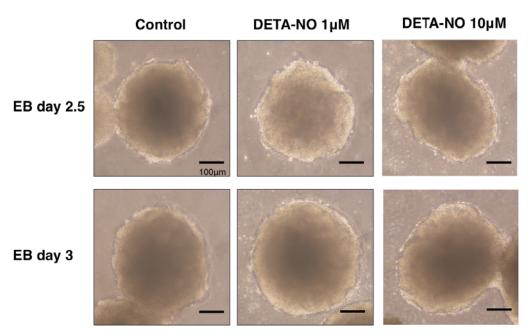


FIG. 3: RNS (NO₂⁻ and NO₃⁻) do not affect the proliferation of EBs. EB formation was evaluated in cultured medium with and without DETA-NO. Photomicrographs show EBs on day 2.5 and 3 after EB formation. The scale bar indicates 100 μm.

merase chain reaction. Levels of all markers increased in EBs cultured in medium with 1 μ M DETA-NO compared with control. DETA-NO enhanced the differentiation to endoderm and mesoderm, demonstrating that NO₂⁻ and NO₃⁻ promoted endodermal and mesodermal differentiation (Fig. 4). Similar results were obtained in EBs cultured in medium with 10 μ M DETA-NO. Therefore, it is clear that the inhibition of differentiation to endoderm and mesoderm by APP irradiation was not caused by NO₂⁻ or NO₃⁻.

IV. CONCLUSION

Here, we summarize the effects of plasma irradiation on the maintenance and differentiation of mouse ESCs. APP irradiation inhibited the proliferation of mouse ESCs, but did not affect their undifferentiated state. In contrast, plasma irradiation did not inhibit the proliferation of EBs, but inhibited the differentiation from mouse ESCs to endoderm and mesoderm by inhibiting Wnt signal (Fig. 5). These effects were not caused by $\rm H_2O_2$, $\rm NO_2^-$, or $\rm NO_3^-$, indicating that some other factors specific to APP irradiation may be involved. Moreover, APP irradiation enhanced the differentiation to the epiblast, ectoderm, and neuronal lineages by activation of FGF4 signaling brought about by the $\rm H_2O_2$ generated by APP irradiation in the culture medium.

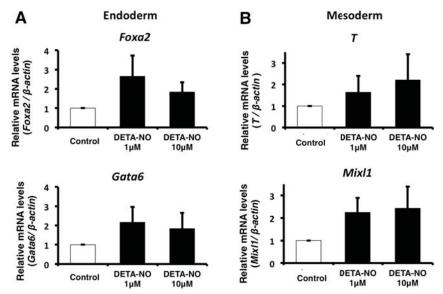


FIG. 4: RNS (NO $_2^-$ and NO $_3^-$) enhance differentiation into endoderm and mesoderm. EB formation was evaluated in cultured medium with and without DETA-NO. The endodermal (A) and mesodermal (B) markers were analyzed on day 3 by real-time PCR. The relative amounts of mRNA are shown after normalization against controls (value = 1). The values shown are the means \pm standard deviation (SD) of three independent experiments.

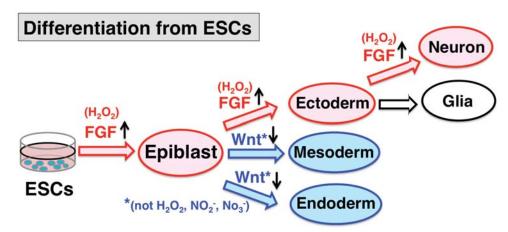


FIG. 5: Schematic representation of the effects of APP irradiation on the differentiation of mouse ESCs. Red (lighter) and blue (darker) indicate "up-regulated" and "down-regulated" paths or components, respectively. APP irradiation enhanced the differentiation of mouse ESCs into epiblast, ectodermal, and neuronal lineages by activation of FGF4 signaling brought about by H₂O₂ generated by APP irradiation in the medium. In contrast, APP irradiation inhibited differentiation into mesoderm and endoderm by inhibiting Wnt signaling. H₂O₂, NO₂⁻, and NO₃⁻ were not responsible for this effect, indicating that some other factors specific to APP irradiation may be involved.

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