

Differential Viability of Eight Human Blood Mononuclear Cell Subpopulations After Plasma Treatment

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ABSTRACT: In plasma medicine, basic and translational research aids in future application of cold plasma sources in human diseases or disorders (e.g., chronic wounds). While most work has focussed on the interaction of skin cells with plasma, immune system cells have only been marginally examined. Their role is of major importance because they fulfill key regulatory parts in immune responses and modulate inflammation in all types of tissues. This work systematically investigates eight different subpopulations (monocytes and CD4⁺, CD8⁺, B, NK, NKT, T_H17, and $\gamma\delta$ T cells) of human peripheral blood mononuclear cells with regard to viability after 5, 20, or 60 s of plasma treatment. Twenty-four hours after exposure, viability differed between populations (23.1% CD4⁺ versus 41.9% $\gamma\delta$ T cells after 60 s of exposure) as revealed by flow cytometry. Cellular activation before plasma treatment increased survival in all subpopulations tested (26.8% in nonstimulated versus 50.0% in stimulated CD8⁺ T cells after 60 s of exposure). All lymphocyte subpopulations showed significantly ($P < 0.05$) lower survival rates compared to monocytes (35.9% for B cells versus 82.5% for monocytes after 60 s of exposure) but not compared to each other, hallmarking two intrinsically different coping types of cells regarding plasma cytotoxicity.

KEY WORDS: plasma medicine, cold atmospheric pressure plasma, human blood cells, reactive oxygen and nitrogen species, oxidative stress

I. INTRODUCTION

Plasma medicine has introduced exciting new fields in biology, biotechnology, and clinical medicine in recent years.^{1,2} One such field is the treatment of human tissues, in which beneficial antimicrobial and tissue-stimulating effects are combined.^{3,4} Connective tissue cells such as fibroblasts or keratinocytes as well as tumor cell lines have been the subject of numerous cold plasma studies thus far.^{5–10} Cold plasma is thought to mediate its effects on cells mainly via reactive oxygen and nitrogen species (RONS).^{11,12} Treatment time-dependent RONS induce oxidative stress and finally apoptosis or cell death in eukaryotic or prokaryotic cells, respectively.^{13,14} Current debate surrounds which exact species are responsible, but hydrogen peroxide seems to play a central role in plasma-induced oxidative stress.^{15–18} Plasma treatment of immune cells has received little

attention despite their importance and regulatory role in different diseases and tissues, as well as in overall health.^{19–22} We previously showed that plasma induces apoptosis in human peripheral blood mononuclear cells (PBMCs).²³ In this work, we systematically characterized the viability of eight PBMC subpopulations after plasma treatment. We utilized an atmospheric pressure argon plasma jet (kINPen 09), which is similar in construction to the accredited kINPen MED that has shown beneficial effects in applications on the skin in which immune cells are also present.^{24,25} Immune cells are quiescent in blood while during migration to or at inflammatory sites, e.g. wounds, they become activated. We mimicked this condition by stimulating PBMCs with a potent mitogen and compared survival rates to those of nonstimulated cells. All cell populations were characterized by multicolor flow cytometry. The investigated cell types are important players in wound healing or regulation of inflammation. Monocytes/macrophages and natural killer T (NKT) cells contribute to cutaneous wound repair. Excessive inflammation in psoriasis is driven by T helper (T_H) cells such as T_H17 cells, and $\gamma\delta$ T cells have a unique role in homeostatic processes of mucosal surfaces and in wound healing.^{20,26–29} Moreover, the cytotoxicity of NK cells and $CD8^+$ cells is important in tumor surveillance and antiviral activity, whereas $CD4^+$ T cells and B cells are central in eliciting adaptive immune responses.^{21,30} Despite these unique functions, we hypothesized that different lymphocyte subpopulations cope similarly with plasma cytotoxicity due to hematological lineage relationships from a common lymphoid progenitor, and that survival of lymphocytes and monocytes may differ because the latter derive from a common myeloid progenitor. Together, this work explored the cellular susceptibility of different immune cell types and cellular activation states after cold plasma treatment.

II. MATERIALS AND METHODS

A. Cell Isolation

Upon donation at the blood bank (University Medicine of Greifswald, Germany), healthy blood donors gave written and informed consent about anonymous usage of blood for research purposes in the case that the donation is not suitable for clinical application. Human PBMCs were enriched by density gradient centrifugation with lymphocyte separation medium (PAA). After isolation, cells were suspended at $1 \times 10^6/\text{ml}$ in medium (RPMI 1640 without phenol red; PAA) containing 10% fetal bovine serum (Biochrom) and 1% glutamine/penicillin/streptomycin (PAA). Cells were seeded at 1 ml per well in 24-well plates (Costar) overnight either with or without 500 ng/ml phytohemagglutinin (PHA; Biochrom) prior to plasma exposure.

B. Plasma Source and Treatment

The kINPen 09 (neoplas GmbH) atmospheric pressure plasma jet was utilized. An argon plasma was used as previously described with an effluent length of 1.5 cm and operated at a gas flow of 3 standard liters per minute.²⁴ Gas flow was controlled by a mass flow

controller (MKS Instruments). Cell culture medium was exchanged prior to treatment. Reproducible direct plasma treatment was guaranteed using a programmable, computer-driven xyz table (neoplasm GmbH) hovering the jet above the center of each well for the indicated time period at a constant height as previously described.²³ Three different treatments times were applied to cells (5 s, 20 s, 60 s) in 2–4 replicates for each data set. To exclude effects of the carrier gas alone, argon gas controls were carried out for each experiment and always resembled untreated control values (data not shown).

C. Flow Cytometry

Data were collected by flow cytometry (Gallios; Beckman-Coulter). Twenty-four hours after plasma treatment, cells were collected into 12 × 75 mm polypropylene tubes (Sarstedt), washed with phosphate-buffered saline, and incubated for 10 min with 1 µg/ml Cohn II (Sigma) in staining buffer (Miltenyi). For discrimination of PBMC subpopulations, antibodies directed against the following antigens were used: γδ TCR PE (Beckman-Coulter); CD4 PE-CF 594 (Becton-Dickinson); αβ CD3 PerCP Cy5.5, αβ CD3 Alexa-Fluor 700, CD4 APC, CD4 APC-Cy7, CD14 PerCP Cy5.5, CD14 PE-Cy7, CD56 APC-Cy7, CD161 APC, and CD196 PE (Biolegend); and CD4 APC, CD8 PerCP, CD14 FITC, and CD19 PE (Miltenyi). Staining in staining buffer took place for 30 min at room temperature in the dark. To further assess viability, cells were then washed and stained with Annexin V FITC (Biolegend) or Annexin V PE-Cy7 (eBioscience) and 1 µM 4',6-diamidino-2-phenylindole (DAPI; VWR) in Annexin V binding buffer (Biolegend). DAPI only binds to DNA of cells with compromised cell membranes. After exclusion of doublets and debris, each population was discriminated as follows: monocytes (CD14⁺), B cells (CD3⁻, CD14⁻, CD19⁺), NK cells (CD3⁻, CD14⁻, CD56⁺), T helper cells (CD14⁻, CD3⁺, CD4⁺), cytotoxic T cells (CD14⁻, CD3⁺, CD8⁺), NKT cells (CD14⁻, CD3⁺, CD56⁺), T_H17 cells (CD14⁻, CD3⁺, CD4⁺, CD161⁺, CD196⁺), and γδ T cells (αβ CD3⁻, γδ TCR⁺). Viability was determined as the percentage of each cell population being negative for Annexin V and DAPI. For assessment of cellular oxidation by plasma, PBMCs were incubated with 2 µM 2',7'-dichlorodihydrofluorescein diacetate (H₂DCF-DA; Sigma) for 30 min at 37°C with 5% CO₂. After washing, cells were seeded in 24-well plates and plasma was treated as described above. Cells were then collected into 12 × 75 mm polypropylene tubes and washed, and green fluorescence of the probe was measured by flow cytometry using a 525/40 nm emission filter. The median fluorescence intensity of a DAPI⁻ PBMC gate was calculated per sample.

D. Statistical Analysis

Data analysis was performed using Kaluza 1.2. (Beckman-Coulter) and Excel 2010 (Microsoft) software. Graphing and statistical analysis were carried out using Prism 6.03 software (GraphPad Software). Each dot represents the mean of 2–4 replicates of one treatment time length of cells of one donor. Bars represent the mean. Statistical significance within one group was calculated by nonmatched two-way analysis of vari-

ance (ANOVA) comparing row means followed by Bonferroni post-testing comparing to the untreated control. Statistical significance between nonstimulated and stimulated cells of one subpopulation was calculated by nonmatched two-way ANOVA comparing row means between all columns followed by Holm-Sidak post-testing. Statistical significance between two different subpopulations was calculated by nonmatched two-way ANOVA comparing main column effects followed by Sidak post-testing. For redox changes, column means were compared with one-way ANOVA followed by Dunnett post-testing comparisons to untreated controls. Significance levels are indicated as follows: $*\alpha = 0.05$, $**\alpha = 0.01$, and $***\alpha = 0.001$.

III. RESULTS AND DISCUSSION

A. Survival of PBMC Subpopulations After Plasma Treatment

It is known that oxidative stress induces apoptosis as it tips the balance between intracellular oxidants and antioxidants.³¹ Plasma induces oxidative stress via generation of RONS. $H_2DCF\text{-}DA$ is an indicator of intracellular oxidation and its fluorescence increased in PBMCs exposed to plasma (Fig. 1). Oxidative stress may at least in part be responsible for the apoptotic effects of plasma that we have previously seen in human PBMCs.²³ In this work, we investigated survival rates of eight PBMC subpopulations after plasma exposure. This was done according to the gating strategies depicted in Fig. 2. Primary cells are not adapted to culture conditions as cell lines are and residual occurrence of dead cells in nontreated controls is common and donor dependent. Due to apoptosis induction in all cell types, viability decreased in a treatment time–dependent manner (Fig. 3A). In all cell types but monocytes, survival after 60 s of plasma treatment differed significantly compared to corresponding controls. Monocytes were the most robust population in plasma-treated PBMCs (82% survival for 60 s of plasma). Apoptosis induction in all other cell types was high (1.1%–41.9% survival) after 60 s of plasma exposure. This includes T_H17 cells, which are associated with psoriasis and could be a potential target in plasma medicine.³² $\gamma\delta$ T cells displayed the lowest lymphocyte sensitivity and this could possibly be due to their physiological location in the skin and gut, both of which are environments that are enriched for oxidative stressors.²⁰ It was previously reported that cytotoxic T cells survive dielectric barrier discharge plasma treatment better than T helper cells in rats.³³ We did not find this difference in human cells, as $CD4^+$ and $CD8^+$ T cell viability neither differed significantly for nonstimulated treatment regime nor for the PHA-stimulated treatment regime (Fig. 3, Table 2).

B. Mitogenic Stimulation Alters Survival Rates of Cells After Plasma Treatment

Peripheral blood cells are usually quiescent, whereas immune cells in inflamed tissues are stimulated by extravasation and local cytokine and chemokine gradients.³⁴ To mimic activation and compare cell survival to nonstimulated cells, we treated PBMCs

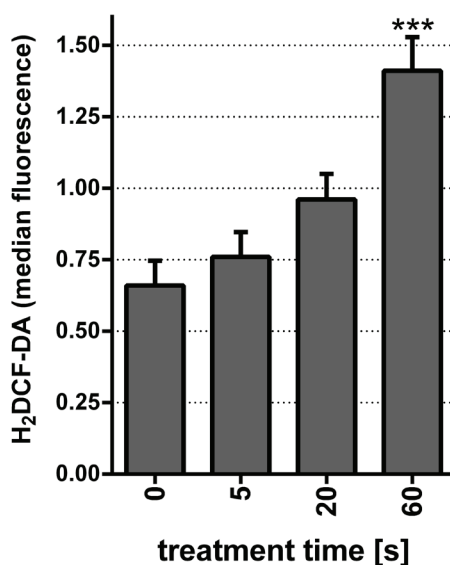
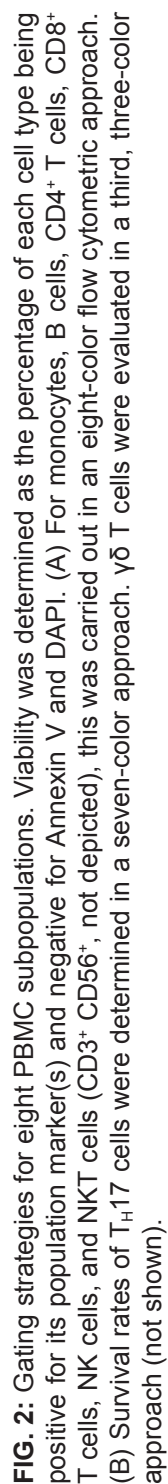


FIG. 1: Intracellular oxidation of plasma-treated PBMCs. After plasma exposure, PBMCs were washed and intracellular H₂DCF-DA fluorescence was measured by flow cytometry. The median fluorescence intensity was calculated per sample and increased with the length of treatment time. Compared to controls, intensity differed significantly (** $P < 0.001$) for 60 s of plasma treatment. Data are presented as the mean \pm standard error ($n = 4$).

with PHA overnight prior to plasma exposure. PHA is a herbal lectin and mitogen that activates T cells in a nonantigen-specific manner.³⁵ For 60 s of plasma treatment, comparison of the survival rates between nonstimulated and stimulated cells revealed a survival advantage for stimulated cells of all types investigated (Table 1). This might be due to an increased intracellular production of reactive oxygen species as found in stimulated T lymphocytes in patients³⁶ and a subsequent upregulation of enzymes of the antioxidant defense system providing a better overall protection against plasma-generated RONS. Another mechanism might be the induction of antiapoptotic pathways through PHA in lymphocytes and its initiated cytokine.³⁷ Activation of lymphocytes and cytokines induces antiapoptotic responses,³⁸ which would increase cellular survival after plasma exposure. In general, substantial amounts of interleukin (IL)-2, IL-6, IL-8, tumor necrosis factor- α , and interferon- γ were detectable in supernatants of PBMCs cultured with PHA (data not shown). It is likely that this proinflammatory milieu rendered all cell types investigated more resistant to plasma cytotoxicity. For example, IL-2 enhances T cell survival and proliferation.³⁹ Nevertheless and expectedly, PHA addition also markedly decreased viability in controls in NKT, CD4⁺ T, and CD8⁺ T cells, and significantly ($P = 0.004$) in T_H17 cells, probably via activation-induced cell death.⁴⁰ PHA addition did not significantly affect monocyte survival rates for any plasma treatment time. For most cell types investigated, our results show a



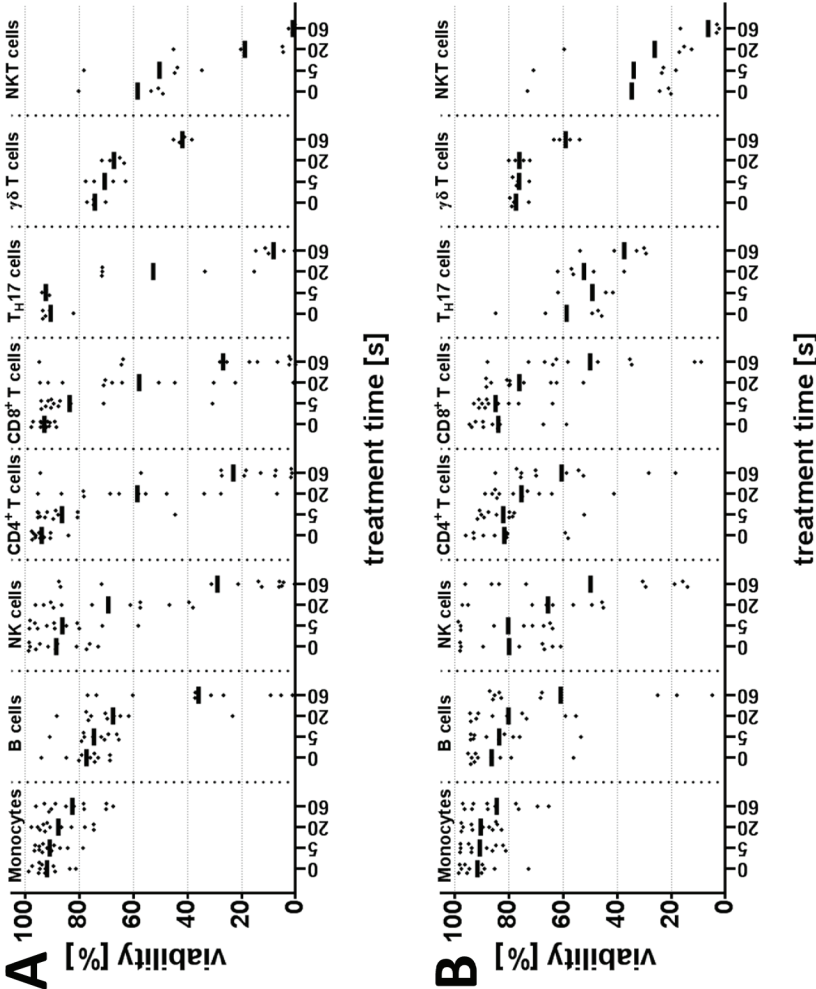


FIG. 3: Survival rates differ between subpopulations and stimulation of PBMCs after plasma treatment. The viability rate (Annexin V- DAPI-) of each cell type was determined 24 h after plasma exposure for nonstimulated (A) and PHA-stimulated (B) PBMCs from up to 12 blood donors. Each dot represents the mean of 2–4 replicate values for one treatment of cells of one donor. Black bars represent the mean values. Viability rates differed, with monocytes being least affected by plasma treatment and lymphocytes displaying increased cytotoxicity. In turn, apoptosis induction was reduced in all lymphocyte populations when PBMCs were stimulated with PHA overnight.

TABLE 1: Survival rates of eight nonstimulated and stimulated human PBMC populations 24 h after plasma treatment

| Treatment time (s) | Monocytes | B cells | NK cells | CD4 ⁺ T cells | CD8 ⁺ T cells | T _H 17 cells | γδ T cells | NKT cells |
|------------------------|-------------|---------------|----------------|--------------------------|--------------------------|-------------------------|-------------|--------------|
| (A) Nonstimulated | | | | | | | | |
| <i>n</i> | 12 | 10 | 12 | 12 | 12 | 5 | 4 | 4 |
| 0 | 91.9 ± 1.5 | 77.3 ± 2.4 | 88.5 ± 2.7 | 93.8 ± 1.1 | 92.8 ± 0.8 | 90.5 ± 2.1 | 74.2 ± 1.4 | 58.4 ± 7.3 |
| 5 | 90.9 ± 1.6 | 74.5 ± 2.4 | 86.2 ± 3.5 | 86.4 ± 4.1 | 83.5 ± 5.1 | 92.4 ± 0.8 | 70.6 ± 3.3 | 50.4 ± 9.6 |
| 20 | 87.8 ± 2.4 | 67.5 ± 5.5 | 69.3 ± 6.3* | 58.5 ± 7.5*** | 57.9 ± 8.4*** | 52.7 ± 11.9** | 67.2 ± 1.9 | 18.9 ± 9.5** |
| 60 | 82.5 ± 2.8* | 35.9 ± 8.6*** | 29.0 ± 9.6*** | 23.1 ± 7.9*** | 26.8 ± 8.9*** | 8.2 ± 2.5*** | 41.9 ± 1.4* | 1.1 ± 0.6*** |
| (B) Stimulated | | | | | | | | |
| <i>n</i> | 11 | 10 | 9 | 11 | 11 | 5 | 4 | 4 |
| 0 | 91.6 ± 2.3 | 86.4 ± 3.8 | 79.9 ± 5.3 | 81.6 ± 3.8 | 83.9 ± 3.4 | 58.7 ± 7.5 | 77.3 ± 1.6 | 34.7 ± 12.9 |
| 5 | 90.8 ± 2.0 | 83.5 ± 4.0 | 80.2 ± 5.0 | 82.0 ± 3.4 | 84.9 ± 2.6 | 49.2 ± 6.4 | 76.2 ± 1.3 | 34.0 ± 12.4 |
| 20 | 90.4 ± 1.7 | 80.1 ± 4.5 | 65.5 ± 6.5 | 75.0 ± 4.1 | 76.1 ± 3.5 | 52.3 ± 4.3 | 76.1 ± 1.7 | 26.1 ± 11.2 |
| 60 | 84.5 ± 3.3 | 60.9 ± 10.1** | 49.8 ± 11.4*** | 60.5 ± 6.3** | 50.0 ± 7.5*** | 37.4 ± 4.6 | 59.0 ± 2.1 | 6.4 ± 3.4* |
| (C) Survival advantage | | | | | | | | |
| 0 | -0.3 | +9.1 | -8.6 | -12.2 | -8.9 | -31.8** | +3.1 | -23.7 |
| 5 | -0.1 | +9.0 | -6.0 | -4.4 | +1.4 | -43.2** | +5.6 | -16.4 |
| 20 | +2.6 | +12.6 | -3.8 | +16.5 | +18.2 | -0.4 | +8.9* | +7.2 |
| 60 | +2.0 | +25.0* | +20.8 | +37.4*** | +23.2* | +29.2** | +17.1*** | +5.3 |

Data are presented as the mean ± standard error after plasma treatment differed between cell populations. Asterisks in the nonstimulated (A) and stimulated (B) groups indicate the level of significance of survival rates of plasma-treated cells compared with each corresponding control (0 s) of A or B (two-way ANOVA, Bonferroni post-test). In C, the mean differences in the percentage of viability between corresponding treatment times of B and A for each cell type are shown (two-way ANOVA, Holm-Sidak post-test). PHA addition to PBMCs led to increased survival rates after 60 s of plasma treatment in all cell types. Significance levels are indicated as follows: *α = 0.05; **α = 0.01; and ***α = 0.001.

high variability between blood donors. Because the usage of blood was anonymous, differences between donors cannot be explained.

C. Distinguishable Monocytes and Lymphocytes Susceptibility Toward Plasma

While differences within each subpopulation for any plasma treatment time or stimulation were outlined (Table 1), we further sought to compare subpopulations. Regardless of PHA addition, monocyte survival significantly differed from survival of any other subpopulations investigated (Table 2). This clearly distinguishes this phagocytic cell type from all other lymphocyte cell types with regard to withstanding plasma cytotoxicity. This could be due to differences in proapoptotic and antiapoptotic signaling events as a comparison between a lymphocyte and monocyte cell lines suggested.⁴¹ Another possibility may be a stronger antioxidative defense system against plasma-induced oxidative stress, which under physiological conditions protects these phagocytes against self-produced ROS during oxidative burst.⁴² Furthermore, there was no significant difference between the viability rates of any two lymphocyte subpopulations (B cells, NK cells, CD4⁺ T cells, CD8⁺ T cells, and $\gamma\delta$ T cells) after plasma treatment, irrespective of PHA activation. The similar lymphoid cell survival rate on the one hand and strikingly different survival of a myeloid cell type (monocytes) on the other suggest that cellular susceptibility to plasma is at least partially due to progenitor descendance. As group means were compared (Table 2), T_H17 and NKT cells are not listed due to their low viability in controls.

IV. CONCLUSION

Cells of the immune system are present and relevant in many potential applications of cold atmospheric plasma. We investigated eight PBMC populations with regard to viability after plasma exposure. Monocytes showed only a mild decrease in viability, whereas all seven lymphocyte populations were strongly affected by plasma treatment. Overall survival rates of monocytes were significantly different from all lymphocyte cell types, whereas viability rates of any two lymphocyte subpopulations did not differ significantly between each other. This finding underlined substantial differences between phagocytes and lymphocytes regarding their intrinsic resistance toward cold plasma-induced oxidative stress or cytotoxicity. To mimic activation, we also stimulated PBMCs with PHA prior to exposure. The direct comparison of survival rates between nonstimulated and stimulated cells revealed a survival advantage of the latter. Whether this was caused by PHA-mediated and increased antioxidative capacity, antiapoptotic signaling events, or cytokine responses of stimulated cells remains a topic of future investigations.

ACKNOWLEDGMENTS

The authors thank Dr. Andreas Greinacher (Head of the Department of Transfusion Medicine, University of Greifswald, Germany) for allocating buffy coats.

TABLE 2: Statistical differences between survival rates of six plasma-treated PBMC subpopulations

| Comparison | Nonstimulated | Stimulated |
|--|-------------------|-------------------|
| Monocytes versus CD4 ⁺ T cells | $P < 0.001^{***}$ | $P < 0.001^{**}$ |
| Monocytes versus CD8 ⁺ T cells | $P < 0.001^{***}$ | $P < 0.001^{***}$ |
| Monocytes versus NK cells | $P < 0.001^{***}$ | $P < 0.001^{***}$ |
| Monocytes versus B cells | $P < 0.001^{***}$ | $P = 0.033^*$ |
| Monocytes versus $\gamma\delta$ T cells | $P < 0.001^{***}$ | $P = 0.009^{**}$ |
| CD4 ⁺ T cells versus CD8 ⁺ T cells | n.s. | n.s. |
| CD4 ⁺ T cells versus NK cells | n.s. | n.s. |
| CD4 ⁺ T cells versus B cells | n.s. | n.s. |
| CD4 ⁺ T cells versus $\gamma\delta$ T cells | n.s. | n.s. |
| CD8 ⁺ T cells versus NK cells | n.s. | n.s. |
| CD8 ⁺ T cells versus B cells | n.s. | n.s. |
| CD8 ⁺ T cells versus $\gamma\delta$ T cells | n.s. | n.s. |
| NK cells versus B cells | n.s. | n.s. |
| NK cells versus $\gamma\delta$ T cells | n.s. | n.s. |
| B cells versus $\gamma\delta$ T cells | n.s. | n.s. |

Regardless of stimulation, survival rates of monocytes always differed significantly compared to those of five lymphocytic subpopulations, whereas comparison of survival between each of five lymphocyte populations did not differ. Due to low baseline survival, comparison of T_H17 cells and NKT cells is not shown. Calculation was done using nonmatched two-way ANOVA comparing main column effects of all treatments for each population followed by Sidak post-testing. Significance levels are indicated as follows: * $\alpha = 0.05$; ** $\alpha = 0.01$; *** $\alpha = 0.001$; or n.s., nonsignificant.

ROLE OF FUNDING SOURCE

This work was realized within the framework of the ZIK *plasmatis* multidisciplinary research center, which is funded by the German Federal Ministry of Education and Research (grant 03Z2DN11).

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